

Small Plates

VEGAN SUNFLOWER TAHINI & CHIPS	7
Kale and sunflower "hummus" with homemade corn tortilla chips. Add GF carrot chia crackers (+\$2)	
MOZZARELLA STICKS	8
with low-reactive tomato sauce	
POTATO BACON GRATIN	9
AVOCADO FRIES	9
panko crusted fried avocado slices with sweet & sour dipping sauce - Vegetarian	
VEGAN SAMOSAS	9
Potato and pea samosas with spiced coriander sauce	
VEGAN DUMPLINGS	8
served with ginger coconut aminos	

Larger Plates

WINGS	9
spicy or mild	
QUESADILLA	10
with guacamole & pico de gallo add chicken +\$2	
WARM KALE SALAD WITH GOAT CHEESE	12
cranberries & toasted pumpkin seeds add chicken +\$4	
BOUGIE GRILLED CHEESE	14
Cheddar, parm. herbes de provence aioli & mini tomato soup	

Vegan Soups (24 oz)

VEGAN CREAM OF BROCCOLI SOUP	10
VEGAN CARROT GINGER SOUP	10

Calzones

made with 00 flour and fermented 72 hrs

"KALEZONE" WITH SALAD	14
Sausage calzone with caramelized onions, kale and manchego	
J-ZONE	13
Halal chicken and broccoli calzone with light tomato sauce and cheddar cheese	
VEG-ZONE	12
calzone of mixed seasonal vegetables with tomato sauce and manchego cheese	

Entrees

CHICKEN AND BROCCOLI STIR FRY	20
Halal chicken with broccoli - served with rice or zucchini noodles - soy free & low-sodium	
CHICKEN SATAY	20
Halal chicken with mildly spiced peanut sauce. Served with basmati rice and grilled vegetables	
VEGAN BURRITO	16
VEGAN THAI RICE CURRY	17
with grilled vegetables and peanuts in a coconut sauce	
WILD FISH OF THE DAY	25
ask your server	
CHICKEN PARMESAN	22
Breaded halal chicken, cheese and low reactive tomato sauce - served with choice of rice or zucchini pasta	
CHICKEN PARMESAN - FAMILY STYLE	45
STEAK WITH SEASONAL GREENS	27
12 oz NY Strip Steak with seasonal greens. Served with choice of fries or bacon-cheddar croquettes.	
THE KELLY	22
Seared duck breast on a warm kale salad with goat cheese and mango	

Burgers*

* add cheddar cheese, goat cheese, vegan ricotta, bacon or guacamole +\$2

BURGER & FRIES - 8oz	16
LAMB BURGER - 8oz	19
with choice of french fries or bacon-cheddar croquettes.	
BISON BURGER & FRIES - 8oz	20
PORTOBELLO BURGER	15
served with french fries & pico de gallo	
VEGETARIAN TANDOORI BURGER	17
served with french fries	
THE HILTON	22
Two 8oz beef burgers with melted crispy cheddar & vegan ricotta	

Sides

Fries -V-	\$6
Curried lentils -V-	\$8
Cajun French fries -V-	\$7
Truffle Fries -	\$8
Sauteed Veg -V-	\$8
Basmati Rice - V -	\$3
Vegan ricotta w/ chips - V -	\$8

Dessert

GF VEGAN APPLE STREUSEL	8
optional with whipped cream	
GF SO RICH YOU COULD DIE CHOCOLATE PIE	10
GF VEGAN COCONUT ICE CREAM	8
with cardamom with coffee liquor (+\$1)	
GF DAIRY-FREE MUFFINS	4
daily specials - ask your server	

LYN-GENET'S KITCHEN
COMFORT FOOD FOR EVERY BODY

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We care about your safety - all of our staff wears protective masks and gloves.